

FIRST SUNDAY OF LENT

ST. FRANCIS OF ASSISI CHURCH—JEBEL ALI

YEAR C

INTRODUCTORY RITE

Entrance Antiphon

When he calls to me, I will answer; I will rescue him and give him honor. Long life and contentment will be his.

Entrance Hymn

1. I've wandered far away from God,
now I'm coming home.
The paths of sin too long I've trod,
Lord, I'm coming home.
*Coming home, (2x)
never more to roam.
Open are thine arms of love,
Lord, I'm coming home.*
2. I've wasted many precious years,
now I'm coming home.
I now repent with bitter tears,
Lord, I'm coming home.
3. I've sinned against my brother, too,
now I'm coming home.
By hurting him, I've tortured You,
Lord, I'm coming home.

Greeting

C: In the name of the Father, and of the Son, ✠ and of the Holy Spirit.

All: AMEN

C: The grace of our Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all.

All: And also with you.

Penitential Rite

C: My brothers and sisters, to prepare ourselves to celebrate the sacred mysteries, let us call to mind our sins.

Pause for silent reflection. After a brief silence all say:

All: I confess to almighty God, and to you, my brothers and sisters, that I have sinned through my own fault in my thoughts and in my words, in what I have done, and in what I have failed to do; and I ask blessed Mary, ever virgin, all the angels and saints, and you, my brothers and sisters, to pray for me to the Lord, our God.

C: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

P: AMEN

The Kyrie

C: Lord, have mercy.

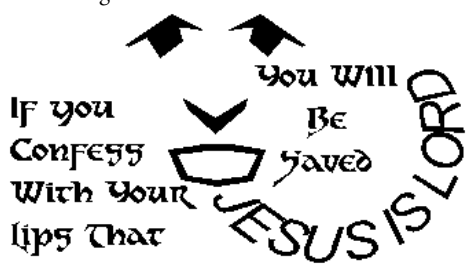
P: Lord, have mercy.

C: Christ, have mercy.

P: Christ, have mercy.

C: Lord, have mercy.

P: Lord, have mercy.



Opening Prayer

Father, through our observance of Lent, help us to understand the meaning of your Son's death and resurrection, and teach us to reflect it in our lives.

LITURGY OF THE WORD

First Reading

26:4–10

A reading from the book of Deuteronomy

The creed of the chosen people.

Moses said to the people: "The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

"My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, Lord, have given me.' You must then lay them before the Lord your God, and bow down in the sight of the Lord your God."

This is the word of the Lord.

All: Thanks be to God.



Responsorial Psalm

Ps 90:1–2. 10–15. R. v. 15

R. Be with me, O Lord, in my distress.

1. He who dwells in the shelter of the Most High and abides in the shade of the Almighty says to the Lord: "My refuge, my stronghold, my God in whom I trust!" **R.**
2. Upon you no evil shall fall, no plague approach where you dwell. For you has he commanded his angels, to keep you in all your ways. **R.**
3. They shall bear you upon their hands lest you strike your foot against a stone. On the lion and the viper you will tread and trample the young lion and the dragon. **R.**
4. His love he set on me, so I will rescue him; protect him for he knows my name. When he calls I shall answer: "I am with you." I will save him in distress and give him glory. **R.**

Second Reading

A reading from the letter of St. Paul to the Romans

10:8–13

The creed of the Christian.

Scripture says: The word, that is the faith we proclaim, is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask for his help, for everyone who calls on the name of the Lord will be saved.

This is the word of the Lord.

All: Thanks be to God.

Gospel Acclamation

Mt 4:4

Praise to you, O Christ, king of eternal glory!

Man does not live on bread alone but on every word that comes from the mouth of God.

Praise to you, O Christ, king of eternal glory!

4:1–13

Gospel

C: The Lord be with you.

All: And also with you.

C: A reading from the holy Gospel according to Luke.

All: Glory to you, O Lord.

Jesus was led by the Spirit through the wilderness and was tempted there.

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time, he ate nothing and at the end he was hungry. Then the devil said to him, "If you are the Son of God, tell this stone to turn into a loaf." But Jesus replied, "Scripture says: Man does not live on bread alone."

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, "I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours." But Jesus answered him. "Scripture says: You must worship the Lord your God, and serve him alone."

Then he led him to Jerusalem and made him stand on the parapet of the Temple. "If you are the Son of God," he said to him "throw yourself down from here, for scripture says: He will put his angels in charge of you to guard you, and again: they will hold you upon their hands in case you hurt your foot against a stone."

But Jesus answered him, "It has been said: You must not put the Lord your God to the test."

Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

This is the Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day He rose again. He ascended into heaven, and is seated at the right hand of God the Father Almighty. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.



LITURGY OF THE EUCHARIST

Offertory Hymn

1. Bread and wine we bring to you, Lord,
work of the hands of men;
soon to become your body and blood –
Jesus yourself.
May all who share this meal divine be one.
2. Humbly we bring ourselves to you, Lord.
Take our heart, take our wills;
all that we have and all that we do
we give to you.
All for you, our Saviour and our God.

The Offering

(If no song is sung, then the people may make the responses to the prayer of offering given here.)

C: Blessed are you, Lord, God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made. It will become for us the bread of life.

P: Blessed be God for ever.

C: Blessed are you, Lord, God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands. It will become our spiritual drink.

P: Blessed be God for ever.

C: Pray, brethren, that our sacrifice may be acceptable to God, the almighty Father.

P: May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good, and the good of all his Church.

Prayer over the gifts

Lord,
make us worthy to bring you these gifts. May this sacrifice help to change our lives.

Eucharistic Prayer

C: The Lord be with you.

P: And also with you.

C: Lift up your hearts.

P: We lift them up to the Lord.

C: Let us give thanks to the Lord our God.

P: It is right to give him thanks and praise.

The Acclamation

All: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Memorial Acclamation

C: Let us proclaim the mystery of faith:

P: Christ has died,
Christ is risen,
Christ will come again.

Communion Rite

C: Let us pray with confidence to the Father in the words our Saviour gave us:

All: Our Father, who art in heaven, hallowed by thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

C: Deliver us, Lord, from every evil, and grant us peace in our day. In your mercy keep us free from sin and protect us from all anxiety as we wait in joyful hope for the coming of our Saviour, Jesus Christ.

All: For the kingdom, the power, and the glory are yours, now and forever.

Breaking of the Bread

All: Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: grant us peace.

C: This is the Lamb of God who takes away the sins of the world. Happy are those who are called to his supper.

All: Lord, I am not worthy to receive you, but only say the word and I shall be healed.

Communion Antiphon

Man does not live on bread alone, but on every word that comes from the mouth of God.

Communion Hymn

1. Father, I place into your hands
the things that I can't do.
Father, I place into your hands
the things that I've been through.
Father, I place into your hands
the way that I should go,
for I know I always can trust you.
2. Father, I place into your hands

my friends and family.

Father, I place into your hands
the things that trouble me.
Father, I place into your hands
the person I would be,
for I know I always can trust you.

3. Father, we love to seek your face,
we love to hear your voice.
Father, we love to sing your praise,
and in your name rejoice.
Father, we love to walk with you
and in your presence rest,
for we know we always can trust you.

1. Faith of our fathers! living still,
in spite of dungeon, fire and sword.
Oh, how our hearts beat high with joy
whene'er we hear that glorious word!
*Faith of our fathers, holy faith!
We will be true to thee till death.*
2. Our fathers, chained in prisons dark,
were still in heart and conscience free.
How sweet would be their children's fate
if they, like them, could die for thee!

Prayer After Communion

Father,
you increase our faith and hope, you deepen our love in this communion.
Help us to live by your words and to seek Christ, our bread of life, who is
Lord for ever and ever.

Concluding Rite

C: The Lord be with you.

P: And also with you.

C: May almighty God bless you, the Father, and the Son, ✠ and the Holy Spirit.

P: Amen.

C: The Mass is ended, go in peace to love and serve the Lord.

P: Thanks be to God.

Recessional Hymn

1. Lord, who throughout these forty days
for us didst fast and pray,
teach us with thee to mourn our sins,
and at thy side to stay.
2. As thou with Satan didst contend,
and didst the victory win,
O give us strength in thee to fight,
in thee to conquer sin.
3. As thirst and hunger thou didst bear,
so teach, gracious Lord,
to die to self, and daily live
by thy most holy word.
4. And throughout these days of penitence,
and through thy Passiontide,
yea, evermore, in life and death,
Lord Christ, with us abide.

